



ROCKLIN HIGH SCHOOL PHYSICAL EDUCATION

5301 Victory Lane, Rocklin CA 95765 (916) 632-1053 Fax(916) 632-0305

Dear Parents:

Education Code 51241 authorizes the Board of Trustees to grant temporary or permanent exemptions from Physical Education. The Board of Trustees had delegated the authority to the principal. Please read the following information regarding the different medical categories. If you feel that your child is eligible please submit the attached form to your physician. Return the completed form to your student's Physical Education teacher. The Rocklin High School Physical Education Department would like to work with you to find the correct placement for your student in our curriculum.

- **MODIFIED Physical Education:**

Would allow the student to participate in Physical Education with some minor modifications to the regular requirements of the RUSD Physical Education curriculum. MPE will address motor and skill development, as well as physical fitness. MPE is designed to accommodate students who have short-term injuries, recent surgery, or chronic conditions such as asthma, scoliosis, etc...Physical Education credits will be given in accordance with the standards as stated in the Physical Education Handbook. A short term injury is defined as one that would eliminate the student from Physical Education for LESS than 6 weeks.

- **Physical Education EXEMPTION:**

Would NOT allow the student to participate or continue in Physical Education. This student has a severe disability, long term injury, or physical limitation due to injury or medical condition which requires elimination from Physical Education for MORE than 6 weeks. **Physical Education credits will not be given.** Referrals will be reviews each semester for all Physical Education exemptions.

- **Adaptive Physical Education (For Special Education Students Only)**

This course is designed to meet the needs of the students with permanent physical challenges. Students that may fall into this category include those students with Cerebral Palsy, Trisomy 21, Muscular Dystrophy etc... Physical Education credits will be given for this course. **Please discuss APE with your child's Special Education teacher.**

Thank you for your help and cooperation-
Sincerely,

Dave Muscarella, Physical Education Department Chair

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